

BIRIM SOUTH DISTRICT ASSEMBLY



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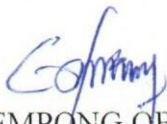


Date: 25th August, 2025

Your Ref:

SUBMISSION OF LIST OF NUTRITION ORIENTED INTERVENTIONS FOR SCHOOL FEEDING CATERERS AND FOOD VENDORS IN THE DISTRICT

I submit herewith the list of nutrition oriented interventions for school feeding caterers and food vendors in the Birim South District.


BEMPONG OBED HENRY
(ENV. HEALTH OFFICER)

THE DISTRICT CO-ORDINATING DIRECTOR
BIRIM SOUTH DISTRICT ASSEMBLY
AKIM SWEDRU

*② Hon DCE
P.Y. for further
action by the DCHO
NO
25/08/25*

REPORT ON NUTRITION ORIENTED PROGRAMME FOR SCHOOL FEEDING AND FOOD VENDORS IN THE DISTRICT

Nutrition plays a very important role in the health needs for human development. It is therefore important to ensure that nutrition related activities and sensitization becomes part of the activities of food vendors and the general public as a whole.

It is for this reason that a workshop was organized for food vendors and caterers in charge of school feeding and all those who matter in food management chain to have in depth knowledge in nutritional interventions available, good nutrition and balanced diet.

The Environmental Health Unit of the Birim South District organized the workshop on 14th August, 2025.

The Assembly organized and invited all food vendors and Caterers for School Feeding Programme at the Assembly Conference Hall. In all there were Seventeen (17) school feeding caterers, Sixty (60) food vendors.

Some of the nutrition enhancement interventions shared with participants includes sources of protein which can be derived from animals and plants, vitamin C from fruits and Vitamin A which can also be derived from palm oil. Other nutrition interventions also include Iron and Folic Acid supplementation for pregnant women, sensitization and continuous community engagement will also lead to attitudinal and behavior change towards the intake of unhealthy food.

The food vendors were advised that food offered to the general public must be balanced, nutritious and wholesome.

Lack of adequate essential nutrients have adverse effect on children and often time shows signs of malnutrition especially in rural communities. Sometimes even in the Urban Centers the ages between 2 – 7 years suffer from acute malnutrition which sometimes result in all forms of complication and even death.

This and many other reasons facilitated the organization of this program by the Environmental Health and Sanitation Unit for food vendors.

In course of the program participants were given the opportunity to share their experience and challenges with the organizers.

The participants urged the organizers not to relent in their efforts in organizing such programs because it will help them and the general public as a whole.

They were also sensitized on personal hygiene and environmental cleanliness. They were advised to put on neat clothes, cover their hair and keep their nails short to prevent contamination of the food.

The Officers admonished the Caterers and Food Vendors to always ensure that their foods are well covered to prevent dust and flies from hovering around it.

COMPILED BY



BEMPONG OBED HENRY